

# What's On

## Abriachan Forest Trust A.G.M.

### Friday 22nd August at 6.00pm

### in Achpopuli carpark

Because this is a special year for us - our 10th anniversary - we have decided to hold the meeting in the AFT car park and we invite all our members and friends to a Hog Roast and BBQ after the meeting. Please come and help us celebrate our ten years of community ownership.

### Things that go bump in the night in Abriachan.

#### 20.00 - 22.00. 16th August

Meeting place details given out on booking. If you go down to the woods tonight.....Come along on this evening walk to find out what's out and about in the forest at night. There's much more than you think!

### Early notice of future events

30th August - Rich Poor Dinner

12th October - Hall A.G.M.

30th October - Hallowe'en Party - now is the time to start making your costume!

29th November- Saint Andrew's Nicht dance & ceilidh



Abriachan Forest Trust is a company limited by guarantee. Company registered in Scotland No. 171271: Recognised Scottish Charity No. SCO25690AFT. Entrust Reg. No. 3330084. Registered Office: Tyeantore, Abriachan Inverness IV3 8LD



### 10th A.G.M.

Our tenth Annual General Meeting will take place at 6.00pm in the Achpopuli car park on Friday 22nd August. We have decided to have the meeting earlier this year so that we all have time to enjoy our 10th anniversary celebrations. We look forward to seeing you all at the Hog Roast and BBQ. after the meeting.

### Elections

The Abriachan Forest Trust is managed by a board of Trustees and our constitution states that every year a third of our Trustees must stand down. If this is their first term of office, they may be eligible for re-election but no trustee can be in office for more than two consecutive terms. Trustees must be on the electoral roll for the Parish of Abriachan and their nomination forms must be signed by 2 members. If you would like to become more actively involved in the AFT and would like to become a Trustee, you can obtain a nomination form from our Registered Office:

Tyeantore, Abriachan, Inverness. IV3 8LD



Nomination forms must be submitted to the registered office 14 days before the A.G.M. If you have any questions about the A.G.M. contact the Company Secretary on 861278.

Trustees meet on the third Friday of every month and they all have different responsibilities according to their area of interest and skills. Recently our Trustees have been involved in preparing and submitting grant applications, project management, organising and running an education programme and preparing for the Health and Safety Audit.

Trustees and members can also become involved in more physical work during our community activity days which are held on the 4th Saturday of the month. Our meetings are open and everyone is welcome to attend. Every month detailed accounts are presented to the meeting by our book keeper.

### From the Archive

You can learn new skills at our work days!



## Abriachan Highland Games

Thank you to all who attended the games this year and helped to make it so enjoyable. Because of your generosity, we were able to donate £300 to the Phoebe Macaskill appeal. To find out the latest news of Phoebe visit the web site: <http://www.justgiving.com/phoebemacaskillappeal>



Sack race competitors ready to go.

## Abriachan Heavy Events

There were fewer contestants this year even although the current record holder was safely away in the middle of the North Sea. However we did see some promising performances in the novice class.



The pink team preparing for the hill race

## Glenurquhart High School P7 Transition Day

Once again we ran the team building day for all the Primary 7 pupils who will be attending Glenurquhart High School after the summer holidays. The pupils had the chance to go mountain biking, take part in various bushcraft activities and solve a murder mystery



Simon running an activity based on trust



Who dun it? considering the evidence at the scene of the crime.

## Glenurquhart High School Activities week

Abriachan is a popular choice for the Glenurquhart High School pupils who had the opportunity to go Nordic walking, mountain biking and they also helped to clear brash away from the outdoor classroom. We have close links with Glenurquhart High School and look forward to working with the new third year pupils who have opted to study rural skills.



Enjoying the view at Violet's bench

## Cotton grass

If you have had a walk up the hill paths towards the top of Carn na Leitire you will have noticed that this has been a good year for bog cotton or cotton grass- which is actually a sedge.



In Abriachan there are two species of cotton- sedge. Hare's tail cotton- sedge which has one pure white head like a hare's tail and flowers in April and May. The other species is the Common cotton-sedge which appears later in the summer and has 3-7 umbels. The Gaelic name for the cotton-sedges is *canach* form the word for white. It is also know as *Siodha monah* mountain silk and the heads were collected and the fibres woven into cloth. The heads were also used to stuff mattresses and pillows.



Hare's tail cotton-sedge Common cotton-sedge  
**Black Grouse**

In Abriachan we are fortunate to have a small number of black grouse. There had been a sharp decline in the population in the 1990s and only recently have we seen the numbers pick up again. The cotton-sedges are an important food source for black grouse during early spring and some of the birds nest on the high ground. We would ask all dog walkers to keep your dogs on the lead during spring and early summer when you are on the hill ground because our red and black grouse need all the help they can to have a successful breeding season.